

## WHAT YOU WILL NEED:

- White/light coloured t-shirt or fabric
- Food colouring or fabric dye
- Vinegar
- Rubber bands/string
- Washing up Bowl/bucket
- Water
- Empty water bottles (ones with squeeze tops)
- Cling film or Ziplock plastic bag
- Newspaper
- Metal cooling rack (optional)

## WHAT TO DO:

1. Soak your fabric item in water and vinegar solution (half vinegar and half water) for 1 hour.
2. Take item out of vinegar solution and wring it out.
3. Choose design (see separate sheet for different tie dye pattern instructions) and use rubber bands/string to tie them up.
4. Mix up colours in bottles: 8 drops of food colouring to 1/2 cup water.
5. Drop colours onto your item to dye it, lay the item on the cooling rack if you have one so the piece doesn't end up in a puddle of dye (put down lots of newspaper—it can get messy).
6. Wrap your fabric piece in cling film or place it in a Ziplock bag overnight (8 hours at least) to let the dye set.
7. Rinse your item in cold water until the water runs clear.
8. Remove the elastic bands and then leave your masterpiece to dry.



## TIPS AND EXTRA INFO.:

- **WASHING:** Wash separately to other things as the colour may still run.
- **INFO:** Food colouring tie dye will fade after time compared to using proper fabric dye.

